

# Diabetes Management

The supplies, savings and tools you need to live well.

Dealing with diabetes? We can help you save on meds, stay on top of checkups, and feel less like you're managing your condition and more like you're living your best life.

## Patient Assurance Program (PAP)<sup>1</sup>

For all Cigna Healthcare<sup>®</sup> plans (other than the MyDiabetes Care Plan) pay no more than \$25 for a 30-day supply (or \$75 for a 90-day supply) for the medications below; plus, your deductible doesn't apply. If you're taking a medication not on this list, call your doctor and ask if one of these medications might work for you:

### PAP drug list information for PY2026

#### Insulins:

Basaglar<sup>®</sup>, Humalog<sup>®</sup> (except vials), Humalog<sup>®</sup> Mix, Humulin<sup>®</sup>

#### Non-Insulins:

Farxiga<sup>®</sup>, Jardiance<sup>®</sup>, Jentadueto<sup>®</sup>, Jentadueto<sup>®</sup> XR, Mounjaro<sup>®</sup>, Ozempic<sup>®</sup>, Rybelsus<sup>®</sup>, Synjardy<sup>®</sup>, Synjardy<sup>®</sup> XR, Tradjenta<sup>®</sup>, Trulicity<sup>®</sup>, Xigduo<sup>®</sup> XR

## MyDiabetes Care Plan<sup>2</sup>

If you have a more advanced form of diabetes, the MyDiabetes Care Plan can help you better manage your condition. These plans include even greater savings with no-cost supplies and equipment.

### \$0, deductible waived diabetes drug list for PY2026:

#### Insulins:

Basaglar<sup>®</sup>, Humalog<sup>®</sup> (except vials), Humalog Mix<sup>®</sup>, Humulin<sup>®</sup>, insulin lispro vials (generic Humalog<sup>®</sup>)

#### Non-insulins:

Farxiga<sup>®</sup>, Jardiance<sup>®</sup>, Jentadueto<sup>®</sup>, Jentadueto<sup>®</sup> XR, Mounjaro<sup>®</sup>, Ozempic<sup>®</sup>, Rybelsus<sup>®</sup>, Synjardy<sup>®</sup>, Synjardy<sup>®</sup> XR, Tradjenta<sup>®</sup>, Trulicity<sup>®</sup>, Xigduo<sup>®</sup> XR

## Individual and Family Plans

Offered by Cigna Health and Life Insurance Company or its affiliates.



### \$0 for diabetic supplies, such as:

- Infusion pump maintenance
- Infusion sets
- Skin preparation supplies

### \$0 diabetes-related equipment for PY2026:

- Dexcom G6<sup>®</sup> Receiver and Dexcom G6<sup>®</sup> Sensor
- Dexcom G6<sup>®</sup> Transmitter
- Dexcom G7<sup>®</sup> Receiver and Dexcom G7<sup>®</sup> Sensor
- FreeStyle Libre<sup>®</sup> 3 Reader and FreeStyle Libre<sup>®</sup> 3 Plus
- FreeStyle Libre<sup>®</sup> 14 Day Reader and FreeStyle Libre<sup>®</sup> 14 Day Sensor
- FreeStyle Libre<sup>®</sup> 2 Reader and FreeStyle Libre<sup>®</sup> 2 Plus
- FreeStyle Freedom Lite<sup>®</sup> Meter
- FreeStyle Lite<sup>®</sup> Meter
- FreeStyle Precision Neo<sup>®</sup> Meter
- FreeStyle InsuLinx<sup>®</sup> Meter
- TRUE METRIX<sup>®</sup> Meter
- Precision Xtra<sup>®</sup> Monitor
- ReliOn™ TRUE METRIX<sup>®</sup> AIR Glucose Meter
- TRUE METRIX<sup>®</sup> AIR Meter
- TRUE METRIX<sup>®</sup> GO Meter

### \$0 for additional plan benefits:

- Diabetes management education

### \$0 for certain labs and exams, such as:

- A1C test
- Retinal eye exam
- Nephropathy screening
- Nutritional counseling
- Routine diabetic foot care

## New: 9amHealth\*

This service offers expert-led care for diabetes, pre-diabetes, and other related health conditions.

9amHealth's personalized care plans may include on-demand access to specialists, nutrition and lifestyle coaching, medication management, and lab testing to improve health outcomes and reduce in-person office visits. Your co-pay, co-insurance and/or deductible may apply.

You can learn about other participating provider options by searching [myCigna.com](https://myCigna.com).

\*9amHealth is an independent third-party service provider. Cigna Healthcare does not endorse or guarantee the products or services of any third parties and is not liable for any such products or services.

 [Learn more at myCigna.com.](https://myCigna.com)



1. Discounts available with the Cigna Healthcare Patient Assurance Program. \$25 is the maximum out-of-pocket cost for a 30-day supply of covered, eligible insulin and some non-insulin medications. Refer to plan documents for a description of equipment, supplies, select tests and services that are covered through these plans.

2. Refer to plan documents for a description of equipment, supplies, select tests and services that are covered through these plans. Enhanced Diabetes Care plans not available in all states, please consult your plan documents.

Product availability may vary by location and plan type and is subject to change. All health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

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