

The myCigna app and website.

Everything you need all in one convenient place.

When you have a Cigna Healthcare® Individual and Family insurance plan, you can find everything you need in one, easy-to-access place – **myCigna.com**®. Plus, you can access your info wherever you go with the **myCigna**® App.*

Here are just some of the benefits to using myCigna®:

- **Easy access.** View claims and benefits, find low-cost options, pay bills and so much more—all in one convenient place.
- **Simple search.** Find in-network providers and pharmacies, cost estimates and more.
- **Patient reviews.** Get verified patient reviews on providers and facilities.
- **Personalized dashboard.** Spot the information that matters most—including how to update or change a primary care provider (PCP).
- **Pay your bill.** Just login to myCigna and scroll until you see “Pay My Bill.”
- **Digital ID card.** Access to your card—and your dependents—in one, easy-to-find place.
- **Virtual care.** Have a convenient virtual care visit via phone or video for minor medical conditions, behavioral/mental health, dermatology and wellness assessments.**
- **Health and savings tips.** Learn about wellness programs and get personalized messages, including ways to help get healthier and save money.

Tip:
To view, send or print your ID card, just login to myCigna.



[View medical ID card](#)

[Go to all ID cards](#)

Individual and Family Plans

Offered by Cigna Health and Life Insurance Company or its affiliates.





*The downloading and use of the myCigna® mobile app is subject to the terms and conditions of the app and the online store from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

**Cigna Healthcare provides access to virtual care through a national telehealth provider, MDLive located on myCigna, as part of your health plan. Providers are solely responsible for any treatment provided to their patients. Video chat may not be available in all areas or with all providers. This service is separate from your health plan's network and may not be available in all areas. Virtual care does not guarantee that a prescription will be written. Refer to plan documents for complete description of virtual care services and costs, including other telehealth/telemedicine benefits. For IL customers a primary care provider referral may be required for specialist virtual visits.

Product availability may vary by location and plan type and is subject to change. All health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group, including Cigna Health and Life Insurance Company, Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of North Carolina, Inc., and Cigna HealthCare of Texas, Inc. The Cigna Healthcare name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

992250 08/25 © 2025 Cigna Healthcare. Some content provided under license.